

POOL SCHEDULE

DR. MARTIN LUTHER KING JR- SWIMMING POOL
 5701 3RD STREET, SAN FRANCISCO | (415) 822-2807
 \$8 ADULTS \$2 CHILDREN | SFRECPARK.ORG

Spring 2026 pt.2
 April 7 - June 6

INFORMATION	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Children under 48" must be accompanied by an adult in the water and within arms reach at all times.</p>	<p>LAP SWIM</p> <p>7:30am - 9:00am</p>		<p>LAP SWIM</p> <p>7:30am - 9:00am</p>		<p>LAP SWIM (10)</p> <p>7:00am - 8:30am</p>
	<p>SENIOR LAP SWIM (6) LAP SWIM (4)</p> <p>9:00am - 11:00am</p>	<p>SENIOR LAP SWIM (6) LAP SWIM (4)</p> <p>9:00am - 10:30am</p>	<p>SENIOR LAP SWIM (6) LAP SWIM (4)</p> <p>9:00am - 11:00am</p>	<p>SENIOR LAP SWIM (6) LAP SWIM (4)</p> <p>9:00am - 10:30am</p>	<p>ADULT MASTERS** (5) ADULT SYNCHRO** (2)</p> <p>9:00am - 11:00am</p>
	<p>LAP SWIM (10)</p> <p>11:00am - 12:00pm</p>	<p>SWIM LESSONS (shallow) LAP SWIM (8)</p> <p>10:30am - 12:00pm</p>	<p>LAP SWIM (10) CLOSED EVERY 3RD THURSDAY</p> <p>11:00am - 12:00pm</p>	<p>SWIM LESSONS (shallow) LAP SWIM (8)</p> <p>10:30am - 12:00pm</p>	<p>SWIM LESSONS</p> <p>9:00am - 12:00pm</p>
<p>() indicates the number of lanes available for designated program.</p>	<p>REC/FAMILY SWIM (shallow) LAP SWIM (8)</p> <p>12:30pm - 3:30pm</p>	<p>REC/FAMILY SWIM (shallow) LAP SWIM (8)</p> <p>12:30pm - 3:30pm</p>	<p>REC/FAMILY SWIM (shallow) LAP SWIM (8) CLOSED EVERY 3RD THURSDAY</p> <p>12:30pm - 3:30pm</p>	<p>REC/FAMILY SWIM (shallow) LAP SWIM (8)</p> <p>12:30pm - 3:30pm</p>	<p>REC/FAMILY SWIM (10)</p> <p>1:30pm - 3:00pm</p>
	<p>BAYVIEW SAFETY SWIM & SPLASH</p> <p>4:00pm - 6:00pm</p>	<p>BAYVIEW SAFETY SWIM & SPLASH</p> <p>4:00pm - 6:00pm</p>	<p>BAYVIEW SAFETY SWIM & SPLASH</p> <p>4:00pm - 6:00pm</p>	<p>BAYVIEW SAFETY SWIM & SPLASH</p> <p>4:00pm - 6:00pm</p>	<p>LAP SWIM (10)</p> <p>3:30pm - 5:00pm</p>
	<p>WATER EXERCISE (shallow) LAP SWIM (8)</p> <p>6:00pm - 7:00pm</p>	<p>ADULT SYNCHRO** (3) ADULT HOCKEY** (7)</p> <p>6:00pm - 8:00pm</p>	<p>WATER EXERCISE (shallow) LAP SWIM (8)</p> <p>6:00pm - 7:00pm</p>	<p>YOUTH SYNCHRO** (3) YOUTH HOCKEY** (7)</p> <p>6:00pm - 8:00pm</p>	<p>Inservice Training Closure April 16, 11:00am - 3:30pm May 21, 11:00am - 3:30pm June 6, 7:00am - 1:00pm</p>
<p>ADULT WATER POLO** (10)</p> <p>7:00pm - 8:30pm</p>	<p>** = Contact the Team Coach</p>	<p>ADULT WATER POLO** (10)</p> <p>7:00pm - 8:30pm</p>	<p>Email us for Volunteer Opportunities!</p>		
<p>Facility Supervisor Dan Ngo dan.ngo@sfgov.org</p>					

Our mission is to provide enriching recreational activities, maintain beautiful parks and preserve the environment for the well-being of our diverse community.

